A Sacred Space of Prayer and Worship

The Scared Space Prayer Room is a space for you to experience prayer in many and various ways. Learn about the Scared Space Prayer Ministry that is available to your congregation for a deepening experience in discipleship and spiritual formation. Be shaped and formed in the image of Christ for the sake of others.

The Scared Space Prayer Room is staffed each day during Annual Conference from 8am~5pm. The Prayer Room is self-directed and very 'user friendly,' however, there will be guides present if needed.



What do you do in a Prayer Room? Just read the signs and follow the directions at each station.

The Sacred Space Prayer room is a place where you can come, by yourself or with others, to spend time with God.

This prayerful space offers, promotes and invites a worshipful prayer space with healing, nourishing spiritual practices to all of God's children.

FOR MORE INFORMATION ON THE SACRED SPACE PRAYER ROOM OR ABOUT HOW TO BRING THIS SACRED SPACE TO YOUR CHURCH

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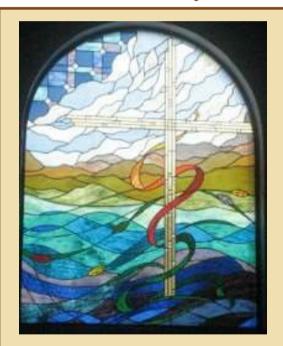
OR www.awfumc.org/spiritualformaton



SACRED SPACE PRAYER ROOM



Paths to Prayer



WORSHIPFUL PRAYER SPACE

Experience different ways
to the Presence of God through
various prayer forms of relating to the
Divine

Throughout the Gospels, we find Jesus withdrawing from the world and going to the mountainside to pray.

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Various Prayer Stations are set up with the intention to draw upon your senses to experience God:

- ~ Breath Prayer
- ~Centering Prayer
- ~ Intercessory Prayer
- ~ Lectio Divina
- ~ Mandalas
- ~ Prayer Beads
- ~ Prayer Labyrinth
- ~ Remember your Baptism
- ~ Spiritual Direction
- ~ The Resting Place
- ~ Wailing Wall

All of the above prayer stations are just a few of the many ways to pray.

Sacred Space Prayer Room

A prayer experience that brings our human senses into play is experiential worship.

In this engaging type of prayer we take an active role in our encounter, communion and connection with God.



Entering the prayer room, one will find a variety of prayer stations, and may spend as much or as little time as necessary at each station. Move at your own pace sensing a connection to God, to His grace poured out on you through the Holy Spirit.



The Sacred Space Prayer Room provides an opportunity for each of us to grow in faith and to learn something new about ourselves and God.

It can be an experience that changes forever our perception of God and how God works in our lives.



Refresh your relationship with God in this sacred space by listening to Him speak to your heart, seeing His grace in the rich symbolism of our faith, and feeling God's comforting love within and without.



"...Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

~ Matthew11:28-3