Sample Engagement Agreement for Spiritual Direction
(Adapt to suit your circumstances—use your letterhead.)

Date: _____

Agreement with: _____

Our Relationship

You are meeting with me as your spiritual director because you want to examine your spiritual life. The attached brochure entitled *Guidelines for Ethical Conduct* explains my role in a general way.

Although I believe it is appropriate at times to discuss psychological and relational difficulties in the context of spiritual direction, I am not a psychotherapist, nor do I provide such services. Similarly, you recognize that spiritual direction is not financial advice and any decisions and actions you may take in that regard are done without my advice or recommendation, and are purely your responsibility.

Confidentiality

I will hold our conversations in strict confidence. Our time together is sacred. I will not reveal the content of our conversations unless I am required to do so by law or court order. On the other hand, you are free to share whatever you choose about our conversations with anyone.

Fees

The fee per one-hour session is _____, payable at the end of the session. This fee is guaranteed for at least 12 months.

Time of Sessions and Changes

We commit to begin and end our sessions on time. If you wish to change your appointment, you will let me know at least 24 hours in advance by emailing me and calling me as well. Without this notice, you will pay for the appointment time. I will not call or send you reminders for the sessions.

Although we agree to a monthly one-hour session, you may desire to meet more frequently or for a longer session periodically, and that is fine, as long as we schedule in advance. If you would like to share a success or a problem with me in between sessions, you may contact me via e-mail, or leave me a voice mail message. I do not bill for additional time of this type but ask that you keep the extra calls to a few minutes.

Please sign and return a copy of this agreement.

_____   Date: _____
Signature of spiritual directee

_____   Date: _____
Signature of spiritual director

(Use your letterhead.)